



BRINGING **REAL** CHANGE

"BRC Recovery has been providing excellence in rehabilitative care for over 10 years, giving each individual and family member the tools necessary to discover a life of permanent sobriety. BRC is more than a drug and alcohol treatment center, BRC is a movement and we are committed to #BringingRealChange."
-Marsha Stone, CEO

MOST MAJOR INSURANCE ACCEPTED | 866-905-4550



BRC RECOVERY

FAMILY OF PROGRAMS



EXTENDED CARE FOR THE TREATMENT RESISTANT

- 90-Day Minimum Gender Specific Programming for Men and Women
- Holistic Approach: Spiritual Awakening via Mind, Body, and Spirit
- Psychiatric Evaluation
- Individualized Clinical Attention Based on Client's Needs
- Trauma Intensive Workshops
- Healthy Intimacy Workshops
- Eye Movement Desensitization and Reprocessing (EMDR) Therapy
- Cognitive-Behavioral Therapy (CBT)
- Fitness and Personal Training
- 70 Acre Rural Property with Two Pools



EXTENDED CARE FOR YOUNG ADULTS

- 90-Day Recovery Program for Young Adult Men 18 to 28
- Minimum 15 Hours of Clinical Programming per Week
- Psychiatric Evaluation
- Individualized Clinical Attention Based on Client's Needs
- Trauma Intensive Workshops
- Healthy Intimacy Workshops
- Eye Movement Desensitization and Reprocessing (EMDR) Therapy
- Cognitive-Behavioral Therapy (CBT)
- Life Skills Curriculum Designed Specifically for Millennials
- Weekend Off-Site Activities

**BRINGING
REAL
CHANGE**



- Medically-Supervised Detox
- 21-Day Intensive Healing Program
- Supervised Care 24/7 by Nursing Staff with Physician Oversight
- Psychiatric Evaluation
- Masters Level Clinical Programming
- Experiential Trauma and Evidence Based Modalities
- 3 Individualized Therapy Sessions Weekly
- Cognitive Processing Therapy (CPT)
- Designed for Individuals Facing Relapse



BRIDGING THE GAP FROM TREATMENT TO INDEPENDENCE

- 12 Month Aftercare Monitoring
- Transitional Living Program
- Individualized Continuing Care Plan to Meet Specific Needs
- Process Groups Using Evidence Based Curriculum Workbook Authored by CEO, Marsha Stone
- UA and BA Testing Weekly
- Education and Support for Family and Employers
- Documentation of Sobriety and Continued Progress
- All Sober Living Properties Staffed by Peer Recovery Support Specialists

MOST MAJOR INSURANCE ACCEPTED

CALL US 866-905-4550

AUSTIN, TEXAS

www.BRCRecovery.com | www.MakanaPath.com | www.SpearheadLodge.com | www.SegueRecovery.com