

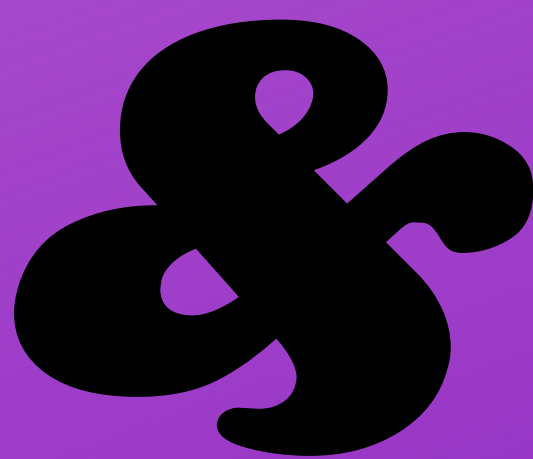
2022 APRN

# Spring Conference

Recordings Available April 29 - June 30



***CONFERENCE  
SESSIONS***



***PRESENTERS***

# 2022 APRN Spring Conference Conference Sessions

Session #	SESSION TITLE	PRESENTER(S)	CE Hours	Pharm	CS	Outcome
1	Marijuana and MS Medical Cannabis Act	Thomas Dobbs, MD, MPH, State Health Officer, MS State Department of Health	1.0		1.0	C/P
2	Drug Trends Update "Opioid Crisis in Mississippi"	Col. Steven Maxwell	1.25		1.25	C/P
3	Case (Un)cancelled: Reducing the Occurrence of Surgical Delays and Cancellations	Mary Jane Collins, DHA, CRNA	1.25	0.75		S/C/P
4	Digital Dementia	Laurie Ryba, MSN, MMS, FNP-BC, FAARFM, ABAAHP	1.0	0.5		L/C/P
5	What's a CAC & Why Should You Care? Plus a Few Legal Considerations for Healthcare Providers	Paula Broome, JD, Director of Training, Children's Advocacy Centers of Mississippi	1.0			L
6	Anti-psychotics for Agitation, Aggression, and Adjunctive Treatment for Depression	Roderick Green, PMHNP-BC	1.5	1.5		C/P
7	Benzodiazepines: A Review of Use, Benefits and Side Effects	Roderick Green, PMHNP-BC	1.5		1.5	C/P
8	Spring 2022 Board of Nursing Update for APRNs	Phyllis Johnson, DNP, RN, FNP-BC & Tina Highfill, DNP, FNP-BC, CCM	1.5		0.5	L/C/P
9	Ketogenic Diets and Impact on Psychiatric Disorders	Courtney Bennett, DNP, PMHNP-BC, FNP-BC	1.0	0.25		L/C/P
10	Managing Asthma in Pediatrics	Brenda Collins, PhD, APRN, FNP-C	1.0	1.0		L/C/P
11	Chronic Pain Related to Gynecological Issues	Elizabeth Fountain, DNP, RN, ANP-C, WHNP-BC	1.0	0.25	0.75	C/P
13	Osteoporosis in the COVID Era	Alena Groves, DNP, APRN, FNP-C, ONP-C	1.0	0.5		C/P
14	Effective Lobbying Techniques	Gayle Harrell, MSN, FNP, NP-C, CWCN	1.0			L
15	Mississippi's Opioid Prescribing Regulations	Jordan Hillhouse, CPS	1.0		1.0	L/C/P
16	Managing the 8 Core Deficits of Diabetes	Lara King, MSN, FNP-BC, ADM-BC	1.0	1.0		C/P
17	Helping Nurses Understand Suicide	Carl Mangum, PhD, PMHNP-BC, NHDP-BC	1.0	0.5	0.5	L/C/P
18	The Role of Nurse Practitioner in the Long-term Care Setting	Paige Nabors, MSN, RN, FNP-C	1.0	0.75		L/C/P
19	A Practical Look at Pharmacy	Robert Wilbanks, PharmD & Wilma Wilbanks, PharmD	1.5	1.0	0.5	C/P
20	2022 APRN Poster Presentations	Various Presenters	0.5			S
<b>TOTAL CONTACT HOURS</b>			<b>21.00</b>	<b>8.0</b>	<b>7.0</b>	

## OUTCOMES FOR APRN SPRING CONFERENCE

### Leadership/Scholarship (L)

- Attendees will report enhanced motivation to improve nursing leadership skills in the areas of patient care, nursing self-care, mentor-ship of novice nurses, and/or clinical scholarship.
- Attendees will express augmented motivation to participate in education of either healthcare recipients or education of fellow participants in the provision of healthcare (student, novice, or expert).

### Clinical (C)

- Attendees will express a gain in new evidence-based knowledge for translation into clinical practice.
- Attendees will report a satisfactory review of standards of care for improvements in clinical practice.

### Scholarship (S)

- Attendees will evaluate nursing research presentations for efficacy and translation to practice.
- Attendees will express confidence in results presented of nursing research with intent to use in practice.

### Pharmacology (P)

- Attendees will express confidence in results presented of nursing research with intent to use in practice.
- Attendees will report new or increased knowledge of specific medications included in controlled substance classes of medications, medication management of specific conditions, or prescribing parameters for new drugs, enabling improvement in prescriptive practices.

# Meet Our Presenters

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**Thomas Dobbs, MD, MPH**  
**State Health Officer**  
**MS State Department of Health**  
**"Marijuana and MS Medical Cannabis Act"**

Dr. Thomas Dobbs serves as the State Health Officer with the Mississippi State Department of Health (MSDH). Dr. Dobbs previously served at MSDH for many years in the roles of State Epidemiologist, Deputy State Health Officer, and District Health Officer.

Dr. Dobbs holds a Doctorate of Medicine and a Master's in Public Health from the University of Alabama at Birmingham. He is Board Certified in Internal Medicine and Infectious Diseases. Prior to joining the MSDH, he worked as an Internal Medicine and Infectious Disease physician in Laurel and Hattiesburg, Mississippi. Dr. Dobbs has experience in public health, private practice, hospital administration, and academics. Dr. Dobbs is a member of the Mississippi State Medical Association, the Infectious Diseases Society of America and the Council of State and Territorial Epidemiologists.



**Colonel Steven Maxwell**  
**Director, MS Bureau of Narcotics**  
**"Drug Trends Update "Opioid Crisis in Mississippi""**

Colonel Steven Maxwell serves as the Director of the Mississippi Bureau of Narcotics. He has over 25 years of law enforcement public service as an Agent of the Mississippi Bureau of Narcotics. His leadership and management roles with the Mississippi Bureau of Narcotics include Group Supervisor of Special Operations, Captain of Special Operations, Captain of the Hattiesburg District, Captain of the Jackson Enforcement Team, Major of the Central Region, Major of the Southern Region, Lieutenant Colonel of Enforcement, Deputy Director, and most recently, Interim Director of MBN prior to his appointment as Director.

Colonel Maxwell has received numerous accolades, including the MBN Claude Stuckey Award, which was presented for a sustained and superior record of service. Colonel Maxwell was also the recipient of the MBN Director's Award, presented for outstanding performance and contributions in furtherance of the Agency's mission. He holds an Associate's Degree from Mississippi Gulf Coast Community College, Bachelor's Degree in Corrections from Langston University, Master's Degree in Public Administration from the University of Southern Mississippi and post graduate studies in Criminal Justice. Colonel Maxwell is a graduate of the FBI 252nd National Academy Class, and served as an adjunct faculty member of William Carey University from 2013-2018.

# Meet Our Presenters

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**Mary Jane Collins, DHA, CRNA**  
**"Case (Un)cancelled: Reducing the Occurrence of Surgical Delays and Cancellations"**

Dr. Mary Jane Collins has 21 years of experience as a certified registered nurse anesthetist, serving in the administrative capacity for several years. During this time, she has assumed responsibility for assessing patients for surgery and working with providers to optimize their status for surgery. Dr. Collins currently teaches an Advanced Pharmacology and Basic Principles course series in a graduate nurse anesthesia program, which focuses heavily on preoperative evaluation of patients for surgery. Her research interests focus on educational innovation, with a particular interest in pharmacology and active learning. She has authored 4 related publications in peer-reviewed journals, and has 2 scholarly research projects in progress.



**Laurie Ryba, MSN, MMS, FNP-BC,**  
**FAARFM, ABAAHP**  
**"Digital Dementia"**

Ms. Laurie Ryba started her nursing career by moving to the Mississippi Gulf Coast and working in family practice before opening a satellite clinic for Gulfport OB/GYN where she practiced women's healthcare. In 2008, Ms. Ryba opened Enhanced Wellness, an integrative medicine practice with a primary focus of enhance contemporary medicine through natural healing.

Ms. Ryba earned her BSN from the University of Mississippi's School of Nursing and later received her MSN and FNP from the University of Southern Mississippi. She has completed an advanced fellowship in anti-aging, regenerative and functional medicine, a board certification in anti-aging and a master's degree in metabolic and nutritional medicine. She is a member of the American College of Nurse Practitioners, American Nurses Association, Mississippi Nurses Association, the American Academy of Anti-Aging Medicine and a fellow in Anti-Aging, Regenerative & Functional Medicines.

# Meet Our Presenters

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**Paula Broome, JD,  
Director of Training, Children's Advocacy  
Centers of Mississippi**  
**"What's a CAC & Why Should You Care? Plus  
a Few Legal Considerations for Healthcare  
Providers"**



**Roderick Green, PMHNP-BC**  
**"Anti-psychotics for Agitation, Aggression, and  
Adjunctive Treatment for Depression"**  
**&**  
**"Benzodiazepines: A Review of Use, Benefits  
and Side Effects"**

Mr. Roderick Green has over 22 years' experience as a health care professional. He has over seven years of experience as a psychiatric RN. In 2012, he graduated from UMMC's School of Nursing's Adult Psychiatric Mental Health NP program and began his practice on the receiving units at MS State Hospital. In that role he worked with substance abuse, serious and chronic mental illness, and the emotionally distraught.

He is currently employed with Precise Clinical Neuroscience Specialists and was previously with UMMC at the Center for Telehealth as a telemedicine psychiatric NP and served a population of patients ages 13 and up.

His nursing experience includes Medical-Surgical, OR, ICU, Bone Marrow Transplant, Nursing Management, Med psych and Ortho-Neuro Rehab nursing care at the UMMC in Jackson. Prior to becoming a nurse, Mr. Green served five years as a corpsman in the US Navy.

# Meet Our Presenters

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## "Spring 2022 Board of Nursing Update for APRNs"



**Phyllis Johnson, DNP, RN, FNP-BC**  
**CEO/Executive Director, MS Board of Nursing**

Dr. Phyllis Polk Johnson is the CEO/Executive Director of the Mississippi Board of Nursing. She brings over 40 years of experience in nursing and health care leadership to her role. She was recently elected as President-Elect of the National Council of State Boards of Nursing (NCSBN), received the Madison County Economic Development Authority 2021 Visionary Leadership Award in October, 2021, and was selected as the 2019 Mississippi Business Journal Business Woman of the Year in February, 2019. Dr. Johnson is certified as a Family Nurse Practitioner, and has held numerous clinical and managerial responsibilities.

Appointed to the Governor's Opioid and Heroin Drug Task Force in December, 2016, Dr. Johnson has been instrumental in developing rules and regulations at the Board pertaining to the prescribing practices of Advanced Practice Nurses. Other appointments include the Governor's COVID-19 Advisory Board, the NCSBN Nurse Licensure Compact Executive Committee, the Jackson State University COVID-19 Advisory Board, the Mississippi Board of Medical Licensure's Advisory Committee for Physician Assistants and the Advisory Committee for the Project Change Initiative of My Brother's Keeper. Dr. Johnson retired from the US Navy Reserves at the rank of Commander. She received her BSN and MSN degrees from the Mississippi University for Women, a Master of Science degree in Biology with emphasis in Genetics and Molecular Biology from Jackson State University, and her Doctorate of Nursing Practice from Alcorn State University.



**Tina Highfill, DNP, FNP-BC, CCM**  
**Director of Advanced Practice & Licensure**

Dr. Tina Highfill has served as the Director of Advanced Practice & Licensure for the Mississippi Board of Nursing since 2017. Dr. Highfill has over 36 years of nursing experience with 22 years of experience as a Family Nurse Practitioner. Her nursing career began by earning an Associate of Nursing Degree from Northwest Community College in 1985. Continuation of her nursing education was achieved by earning her BSN and MSN degrees from Mississippi University for Women. Dr. Highfill obtained a Doctorate of Nursing Practice with a focus in Healthcare Systems Leadership from Chamberlain University. Dr. Highfill holds additional training as a Legal Nurse Consultant and Certified Medical Case Manager.

# Meet Our Presenters

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**Courtney Bennett, DNP,  
PMHNP-BC, FNP-BC**  
"Ketogenic Diets and Impact  
on Psychiatric Disorders "



**Brenda Collins, PhD, APRN,  
FNP-C**  
"Managing Asthma in  
Pediatrics"



**Elizabeth Fountain, DNP, RN,  
ANP-C, WHNP-BC**  
"Chronic Pain Related to  
Gynecological Issues "



**Alena Groves, DNP, APRN,  
FNP-C, ONP-C**  
"Osteoporosis in the  
COVID Era"



**Gayle Harrell, MSN, FNP,  
NP-C, CWCN**  
"Effective Lobbying  
Techniques"



**Jordan Hillhouse, CPS**  
"Mississippi's Opioid  
Prescribing Regulations"



**Lara King, MSN, FNP-BC,  
ADM-BC**  
"Managing the 8 Core  
Deficits of Diabetes"



**Carl Mangum, PhD, PMHNP-  
BC, NHDP-BC**  
"Helping Nurses Understand  
Suicide"



**Paige Nabors, MSN, RN, FNP-C**  
"The Role of Nurse  
Practitioner in the Long-term  
Care Setting"



**Robert Wilbanks, PharmD**  
"A Practical Look at  
Pharmacy"



**Wilma Wilbanks, PharmD**  
"A Practical Look at  
Pharmacy"