

**Resolution 1**  
**Mississippi Nurses' Association**  
**112th House of Delegates**  
**Biloxi Convention Center**  
**Biloxi, MS**

**Introduced by:**      **Deloris Slade, DNP, FNP-BC**  
                                 **Director of Council on Nursing Education, on behalf of the MNA**  
                                 **Board of Directors**

**RESOLUTION:**      **Commit to Supporting Registered Nurses and Advanced Practice**  
                                 **Registered Nurses in Increasing Awareness of Screening for High**  
                                 **Blood Pressure in Pediatric and Adolescent Patients**

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WHEREAS, using the updated 2017 American Academy of Pediatrics (AAP) Clinical Practice Guideline, a CDC study shows that an estimated 1.3 million youth ages 12 to 19 would have high blood pressure or about 1 in 25 children<sup>1</sup>; and

WHEREAS, youth who have cardiovascular disease risk factors, such as high blood pressure, obesity, and diabetes, are more likely to have these risk factors as adults, putting them at greater risk for heart disease and stroke<sup>1</sup>; and

WHEREAS, high blood pressure in children can arise from several risk factors or it can be secondary hypertension, resulting from an underlying health condition or medication including heart or blood vessel disorders, kidney disorders, hormonal disorders, sleep apnea, stress or pain, drugs such as corticosteroids, oral contraceptives, nicotine and caffeine<sup>2</sup>; and

WHEREAS, according to the 2017 American Academy of Pediatrics (AAP) Clinical Guideline, blood pressure should be measured annually in children and adolescents  $\geq 3$  years of age or at every visit if risk factors are present<sup>3</sup>; and

WHEREAS, registered nurses and advanced practice registered nurses are committed to the promotion of health and safety issues for the public; and

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<sup>1</sup> Centers for Disease Control and Prevention. (2023). *High Blood Pressure in Kids and Teens*. [www.cdc.gov/bloodpressure/youth.htm](http://www.cdc.gov/bloodpressure/youth.htm)

<sup>2</sup> American Heart Association. (2023). *High Blood Pressure in Children*. <https://www.heart.org/en/health-topics/high-blood-pressure/why-high-blood-pressure-is-a-silent-killer/high-blood-pressure-in-children>

<sup>3</sup> American Academy of Pediatrics. (2017) *Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents*, 140(3). <https://publications.aap.org/pediatrics/article/140/3/e20171904/38358/Clinical-Practice-Guideline-for-Screening-and?autologincheck=redirected>

Resolution 1, continued

WHEREAS, the purposes of the Mississippi Nurses' Association include working for the improvement of health standards<sup>4</sup>; and

WHEREAS, the functions of the Mississippi Nurses' Association include promoting, through appropriate means, standards of nursing practice, nursing education, and nursing service<sup>5</sup>.

THEREFORE, BE IT RESOLVED that the Mississippi Nurses' Association commits to support registered nurses and advanced practice registered nurses in increasing awareness to patients and the public that blood pressure should be measured annually in children and adolescents  $\geq 3$  years of age or at every visit if risk factors are present.

THEREFORE, BE IT RESOLVED that the Mississippi Nurses' Association commits to increasing awareness of the importance of blood pressure measurement for children and adolescents, as appropriate, through articles published in the *MS RN*, information dissemination via electronic media, webinars, and continuing education events. Such efforts demonstrate nurse advocacy for the health of the pediatric and adolescent populations of the great state of Mississippi and beyond.

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<sup>4</sup> Mississippi Nurses Association (MNA), (2022), Bylaws: Article 1, Section 2.A. Madison, MS: Author. <https://www.msurses.org/wp-content/uploads/2022/10/MNA-Bylaws-Final-as-voted-on-at-2020-convention.pdf>

<sup>5</sup> Mississippi Nurses Association (MNA). (2022). Bylaws: Article 1, Section 3.A. Madison, MS: Author. <https://www.msurses.org/wp-content/uploads/2022/10/MNA-Bylaws-Final-as-voted-on-at-2020-convention.pdf>