

6TH ANNUAL

# BRAIN HEALTH INNOVATIONS SYMPOSIUM

An update provided by the Brain Health Goal Group  
of the Alzheimer's State Plan

June 11, 2026 | 10:00 AM – 12:15 PM | Virtual through Zoom  
2.0 hours total CE; (1.0 hour SWK Cultural Competency, 1.0 SWK General hours)  
Hosted by The MIND Center

## Zoom link to participate:

Will be received upon registration.

## TARGET AUDIENCE:

Social workers, nurses, and the general public.

This is an activity of the Brain Health Goal Group of the 2025-2030 State of Mississippi Alzheimer's State Plan.

## OBJECTIVES

- Describe prevalence of Alzheimer's disease and related dementias (ADRD) by age, sex, and race.
- Identify modifiable risk factors for ADRD from longitudinal cohort studies of older adults.
- Describe how social determinants of health (SDOH) shape modifiable ADRD risk factors and brain health outcomes.
- Apply cultural competency principles to ADRD prevention, communication, recruitment, and community engagement.
- Identify modifiable steps to improve cardiovascular health.
- Evaluate how SDOH including neighborhood environment, social and community context contribute to disparities in cardiovascular disease and dementia.
- Recognize the role of biopsychosocial factors in accelerating both cardiovascular disease and cognitive decline.

## AGENDA

10:00 AM – 10:05 AM	<b>Welcome and Introductions</b> <i>Kathy Van Cleave, LMSW, LCMHT</i> The MIND Center University of Mississippi Medical Center
10:05 AM – 10:50 AM	<b>Modifiable Risk Factors for Cognitive Health</b> <i>Lisa L. Barnes, PhD, FGSA, FABMR</i> Rush Alzheimer's Disease Center
10:50 AM – 11:20 AM	<b>Social Determinants of Health- ADRD: Neighborhood &amp; Built Environment Social &amp; Community Context</b> <i>Kenneth R. Butler, Jr. PhD, FAHA, FMAS</i> University of Mississippi Medical Center
11:20 AM – 12:05 PM	<b>What's Good for the Heart is Good for the Brain: Understanding Cardiovascular Risk Factors and Cognitive Health</b> <i>Mindy Jo Byrd Williamson, FNP-C, AACC, CCK</i> Jackson Heart Clinic
12: 05 PM – 12:15 PM	<b>Wrap-Up, final CE instructions</b> <i>Kathy Van Cleave, LMSW, LCMHT</i>

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## MEET THE SPEAKERS



*Lisa L. Barnes, PhD, FGSA, FABMR  
Alla V. and Solomon Jesmer  
Professor of Gerontology and Geriatric Medicine  
Rush Alzheimer's Disease Center*



*Kenneth R. Butler, Jr. PhD, FAHA, FMAS  
Professor and Associate Director  
Pharmacology and Toxicology UMMC Biobank  
University of Mississippi Medical Center*



*Mindy Jo Byrd Williamson, FNP-C, AACC, CCK  
Jackson Heart Clinic*



*Kathy Van Cleave, LMSW, LCMHT  
The MIND Center  
University of Mississippi Medical Center  
Moderator*

## CONTINUING EDUCATION INFORMATION

### Social Workers:

The University of Mississippi Medical Center, The MIND Center DP# SWB220001, is an approved provider for continuing education by the Mississippi Board of Examiners for Social Workers and Marriage & Family Therapists; Approval Period: January 7, 2026 – January 7, 2028. DP #SWB 220001. Social Workers will receive 2.0 of continuing education clock hours for participation in this program. (Clinical \_\_\_/ Supervision \_\_\_/ Cultural Competency\_1.0\_/ Ethics \_\_\_/ General\_1.0\_/ Mandatory Reporting\_\_\_). Approval # 26-01.

### Nurses:

The Mississippi Nurse's Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This event is approved for 2.0 hours CE.



### SOCIAL WORKERS AND GENERAL PUBLIC REGISTRATION LINK

<https://cvent.me/dmZr50>



### MISSISSIPPI NURSES' ASSOCIATION REGISTRATION LINK

<https://bit.ly/4tXUhm1>



You will receive an email confirmation containing the Zoom link and participation instructions upon registration. This is a VIRTUAL event. If you require special assistance, please contact The MIND Center by phone at 601-815-4237 or e-mail at [mindcenter@umc.edu](mailto:mindcenter@umc.edu).

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